

Contents

| | |
|--------------------------------------------|-------------|
| <i>Preface to the Third Edition</i> | <i>xi</i> |
| <i>Preface to the Second Edition</i> | <i>xii</i> |
| <i>Acknowledgement</i> | <i>xiii</i> |

Section– I: Lower Limb

| | |
|--------------------------------------------------------------------|-----|
| 1. Gait | 2 |
| 2. Examination of The Hip Joint..... | 17 |
| 3. Few Definitions..... | 42 |
| 4. Commonly Asked Questions in the Examination of A Hip Case | 52 |
| 5. Tuberculosis of the Hip..... | 61 |
| 6. Malunion of Fracture of the Pertrochanteric Femur | 72 |
| 7. Old Case of Fracture of the Neck of the Femur..... | 79 |
| 8. Avascular Necrosis of Hip Joint And Total Hip Replacement..... | 91 |
| 9. Miscellaneous Cases of the Hip Pathology | 103 |
| 10. Examination of the Knee | 119 |
| 11. Commonly Asked Questions in the Knee Examination | 143 |
| 12. Ligamentous Injury of the Knee Joint | 147 |
| 13. Genu Varus/Valgus..... | 160 |
| 14. Recurrent Dislocation of Patella..... | 176 |
| 15. Quadriceps Contracture | 183 |
| 16. Ankle and Foot Examination | 189 |
| 17. Pes Cavus..... | 200 |
| 18. Ankle Arthritis | 211 |
| 19. Charcot’s Arthropathy..... | 219 |
| 20. Tarsal Caolition and Rigid Flat Foot..... | 224 |
| 21. Congenital Pseudarthrosis of the Tibia | 228 |
| 22. Congenital Talipes Equino Varus..... | 236 |
| 23. Tendo Achilles Rupture | 249 |

Section– II: Orthopaedic Neurology

| | |
|--------------------------------------------|-----|
| 1. Examination of the Spine..... | 260 |
| 2. Examination of A Case of Scoliosis..... | 280 |
| 3. Sacroiliac Joint Examination | 291 |
| 4. Prolapsed Intervertebral Disc | 295 |
| 5. Spondylolisthesis | 311 |
| 6. Pott’s Spine | 316 |
| 7. Cerebral Palsy | 326 |

| | |
|--------------------------------------------------|-----|
| 8. Cervical Myelopathy | 347 |
| 9. Post Hansen's Ulnar Neuritis | 350 |
| 10. Foot Drop..... | 360 |
| 11. Post Polio Residual Paralysis..... | 368 |
| 12. Nerves of Upper Limb and their Injuries..... | 374 |

Section– III: Shoulder, Elbow, Wrist

| | |
|------------------------------------------------------------------------------|-----|
| 1. Clinical Examination of the Shoulder..... | 408 |
| 2. Shoulder Instability..... | 429 |
| 3. Sprengrel Shoulder | 438 |
| 4. Arthritis of the Shoulder | 440 |
| 5. Clinical Examination of Elbow | 449 |
| 6. Non Union of the Lateral Condyle of the Humerus With Cubitus Valgus | 459 |
| 7. TB Elbow..... | 464 |
| 8. Stiff Elbow | 468 |
| 9. Arthritis of the Elbow | 477 |
| 10. Malunited Supracondylar Humerus with Cubitus Varus Defomity | 482 |
| 11. Examination of the Wrist and Hand..... | 491 |
| 12. Malunited Distal End of the Radius Fracture | 507 |
| 13. A Note On NCV and EMG..... | 519 |
| 14. Deformities of Hand | 523 |
| 15. Ulnar Drift or Deviation | 531 |
| 16. Compound Palmar Ganglion With/Without Carpal Tunnel Syndrome | 533 |
| 17. Volkmann’s Ischaemic Contracture | 536 |
| 18. Radial Bowing with Madelung’s Deformity..... | 544 |

Section– IV Miscellaneous Cases

| | |
|----------------------------------|-----|
| 1. Thoracic Outlet Syndrome..... | 550 |
| 2. Torticollis..... | 555 |
| 3. Amputation Stump..... | 558 |
| 4. Chronic Osteomyelitis | 565 |
| 5. Nonunion | 575 |
| 6. Fibular Hemimelia | 593 |

Contents

| | |
|--------------------------------------------------------|-------------|
| <i>Preface to the Third Edition</i> | <i>xi</i> |
| <i>Preface to the Second Edition</i> | <i>xii</i> |
| <i>Acknowledgement</i> | <i>xiii</i> |
| 1. Commonly used Classifications in Orthopaedics | 1 |
| 2. Instruments and Implants..... | 48 |
| 3. Orthosis and Prosthesis..... | 115 |
| 4. Osteology and Pathology Specimen | 174 |
| 5. Physiotherapy and Rehabilitation | 222 |
| 6. Surgical Approaches in Short | 243 |
| 7. Sutures | 310 |
| 8. Bone Tumours at A Glance | 321 |
| 9. Ward Rounds..... | 402 |
| 10. Orthopaedic Radiology | 462 |