

Contents

<i>Preface</i>	<i>ix</i>
<i>Acknowledgements</i>	<i>xi</i>
1. Introduction	1
1.1 Who is a Child with Special Needs?	3
1.2 What are these Special Needs?.....	4
2. Normal Development and its Variations.....	7
2.1 Neurobiology of Development.....	9
2.2 Normal Development	17
2.3 What can go Wrong in a Child’s Development?.....	23
2.4 Developmental Challenges.....	26
3. Early Childhood Development and Nurturing Care Framework	29
3.1 Introduction to Early Childhood Development.....	31
3.2 Antenatal and Perinatal Care	34
3.3 Promotion of Physical Health.....	36
3.4 Nutrition	37
3.5 Child Safety.....	39
3.6 Responsive Care Giving.....	42
3.7 Early Learning Opportunity	44
4. Neuro-Developmental Disorders.....	47
4.1 Cerebral Palsy.....	49
4.2 Autism Spectrum Disorder	54
4.3 Attention Deficit Hyperactivity Disorder (ADHD).....	61
4.4 Fine Motor Delay	68
4.5 Sensory Processing Disorder.....	73
4.6 Intellectual Disability and Global Developmental Delay.....	80
4.7 Dyslexia.....	87

4.8 Behavioural Issues in Children with Special Needs.....	94
4.9 Hearing Impairment	99
5. Systemic Illnesses Leading to Special Needs.....	105
5.1 Neuro-Degenerative Disorders.....	107
5.2 The Floppy Child.....	115
6. Prevention of Neuro-Developmental Disorders	123
6.1 Developmentally Supportive Newborn Care	125
6.2 High Risk Newborn Identification and Follow-up.....	127
6.3 Growth and Development Monitoring in Early Childhood.....	137
6.4 Screening for Neuro-Developmental Disorders	140
6.5 Importance of Hearing Screening.....	149
7. Paediatrician's Role in Managing a Child with Special Needs	153
7.1 Office Approach to Neuro-Developmental Disorders	155
7.2 Mental Health Problems in a Child with Special Needs	161
7.3 Medical Management of Co-Morbidities	165
7.4 Early Intervention in a Child with Special Needs	168
8. Role of Specialized Services for a Child with Special Needs.....	177
8.1 Role of Physiotherapy	179
8.2 Role of Occupational Therapy.....	183
8.3 Role of Speech Therapy	187
8.4 Benefits of Play	192
9. Rehabilitation and Support.....	197
9.1 Assistive Devices for Children with Special Needs	199
9.2 Judiciary/Legislative Support and Advocacy.....	202
9.3 Family Empowerment	209
<i>Appendix</i>	<i>215</i>
<i>Index</i>	<i>220</i>