

Contents

Medicine

1. Evidence Based Local Protocol for Management of Dengue Fever.....3
Dr. J. D. Lakhani
2. Evidence Based Protocol for Management of Hypertension.....9
Dr. P. R. Jha
3. Evidence Based Protocol for Isolation and Quarantine of Patients with Suspected or Confirmed Corona Virus (COVID-19/SARS CoV2)..... 12
Dr. Arti Muley
4. Evidence Based Protocol for Management of COVID-19..... 16
Dr. Hetal Pandya
5. Evidence Based Protocol for Management of Hypothyroidism in Pregnancy23
Dr. Arti Muley

Surgery

6. Evidence Based Protocol for Treatment of Non Neurogenic Male LUTS30
Dr. Vipul Gurjar
7. Protocol for Decision-Making Process for Case of Symptomatic Cholelithiasis Related to the Instrumental or Clinical Suspicion of Choledocholithiasis Based on Evidence..... 36
Dr. Pratik Shaparia
8. Evidence Based Protocol for Approach to Patient with RIF Pain..... 39
Dr. Ohang Chaudhari
9. Evidence Based Protocol for Bleeding Peptic Ulcer.....43
Dr. Ohang Chaudhari
10. Evidence Based Protocol for Diagnosis and Treatment of Azoospermia.....46
Dr. Vijoy Singh
11. Evidence Based Protocol for Treatment in Esophageal Perforation52
Dr. Honeypal Singh Maharaul

Obstetrics and Gynaecology

12. Evidence Based Protocol for Management of Preeclampsia.....57
Dr. Kishor Chauhan
13. Evidence Based Protocol for Multiple Pregnancy.....62
Dr. Uday Patel
14. Evidence Based Protocol for Management of Premenopausal Abnormal Uterine Bleeding.....65
Dr. Jitendra Shukla
15. Evidence Based Protocol for Management of Abnormal Vaginal Discharge69
Dr. Kishor Chauhan

16. Evidence Based Protocol for Preterm Labour	73
<i>Dr. Kishor Chauhan</i>	

Paediatrics

17. Evidence Based Protocol for Status Asthmaticus.....	79
<i>Dr. Prasad Muley</i>	
18. Evidence Based Management of Covid-19 in Newborns.....	83
<i>Dr. Sunil Pathak</i>	
19. Evidence Based Protocol for Congestive Cardiac Failure in Paediatric Patients.....	91
<i>Dr. Prashant Modi</i>	
20. Evidence Based the Management of Paediatric Tuberculosis	102
<i>Dr. Prasad Muley</i>	

Orthopaedics

21. Evidence Based Protocol for Rehabilitation After Arthroscopic ACL Reconstruction	111
<i>Dr. Aditya Agrawal</i>	
22. Evidence Based Protocol for Rehabilitation After Total Knee Arthroplasty	115
<i>Dr. Sarvang Desai</i>	
23. Evidence Based Protocol for Rehabilitation After Total Hip Arthroplasty	120
<i>Dr. Paresh Gbwalla</i>	
24. Evidence Based Protocol for Rehabilitation of Various Shoulder Pathologies in Adults.....	124
<i>Dr. Sudhir Rawat</i>	
25. Evidence Based Protocol to Treat Patients in COVID-19 Pandemic.....	132
<i>Dr. Malkesh D Shah</i>	

Otorhinolaryngology

26. Evidence Based Protocol for the Treatment of Acute Tonsillitis	143
<i>Dr. Nishit Gupta</i>	
27. Evidence Based Protocol for the Treatment of Allergic Rhinitis	146
<i>Dr. Nirali Chauhanl</i>	
28. Evidence Based Protocol for the Treatment of Oral Submucous Fibrosis.....	150
<i>Dr. Nirali Chauhan</i>	
29. Evidence Based Protocol for the Treatment of Vocal Fold Polyp.....	153
<i>Dr. Tapan Nagpal</i>	
30. Evidence Based Protocol for New Born Hearing Screening by OTO - Acoustic Emissions (OAE)	155
<i>Dr. Tapan Nagpal</i>	

Ophthalmology

31. Evidence Based Protocol for Management of Cataract..... 161
Dr. Hasmukh Ahir
32. Evidence Based Protocol for Management of Diplopia 163
Dr. Punit Singh
33. Evidence Based Protocol for Treatment of Dry Eye..... 166
Dr. Rajni Sethia
34. Evidence Based Protocol for Treatment of Epiphora 169
Dr. Birva Dave
35. Evidence Based Protocol for Intravitreal Injections (ANTI VEGF/STERIOD) 174
Dr. Birva Dave
36. Evidence Based Protocol For IOL Calculation..... 179
Dr. Rajni Sethia
37. Evidence Based Protocol for Pre-Procedure Work-Up for LASIK Procedure..... 182
Dr. Hemant Patel
38. Evidence Based Protocol for Management of Proptosis 184
Dr. Kuntal Shah
39. Evidence Based Protocol for Management of Nd Yag Laser Capsulotomy 187
Dr. Sujata Charel
40. Evidence Based Protocol for Management of Primary Open Angle Glaucoma..... 190
Dr. Punit Singh
41. Evidence Based Protocol for Management Blepharo-Ptosis..... 194
Dr. Punit Singh
42. Evidence Based Protocol for Management of Viral Keratitis 197
Dr. Hemant Patel

Skin and VD

43. Evidence of Protocol for the Treatment of ACNE Vulgaris..... 205
Dr. Rashmi Mahajan
44. Evidence Based Treatment Protocol for Alopecia Areata 207
Dr. Yogesh Marfatia
45. Evidence Based Protocol for Eczema..... 209
Dr. Rashmi Mahajan
46. Evidence Based Protocol for Leprosy 211
Dr. Kishan Ninama
47. Evidence Based Protocol for Lichen Planus 213
Dr. Yogesh Marfatia
-

Anaesthesiology

48. Evidence Based Treatment Protocol for Post OP Management of Nausea Vomiting217
Dr. Tejash Sharma
49. Evidence Based Treatment Protocol for Regional Anaesthesia in Heparinized Patients222
Dr. Jayshri Desai
50. Evidence Based Treatment Protocol for Post Operative Analgesia224
Dr. Dinesh Chauhan
51. Evidence Based Treatment Protocol for Anaesthesia for Patient on Anticoagulant.....228
Dr. Malini Mehta
52. Evidence Based Treatment Protocol Spinal Anaesthesia in Poorly Controlled DM.....231
Dr. Jatin Patel
53. Evidence Based Treatment Protocol General Anaesthesia.....234
Dr. Anuja Agrawal
54. Evidence Based Treatment for Spinal Anaesthesia in COPD Patients.....237
Dr. Priya Kishnani

Respiratory Medicine

55. Evidence Based Protocol for Pulmonary Tuberculosis243
Dr. Kusum Shah

Radiology

56. Evidence Based Protocol for Imaginuma: Where We are and How to Move Forward.....249
Dr. Vishalkumar Bhardava
57. Evidence Based Protocol for Imaging of Patients with Acute Stroke.....251
Dr. Kalpesh Patel

Psychiatry

58. Evidence Based Protocol for Treatment of Schizophrenia257
Dr. Lakhani Kataria
59. Evidence Based Protocol for Bipolar Mood Disorder-Manic Phase265
Dr. Nisheet Patel
60. Evidence Based Protocol for Bipolar Mood Disorder-Depressive Phase270
Dr. Rajendra Thakrar
61. Evidence Based Protocol for Treatment of Major Depressive Disorder273
Dr. Lakhani Kataria
62. Evidence Based Protocol for Treatment of Treatment Resistant Depression278
Dr. Lakhani Kataria

63. Evidence Based Protocol for Treatment of Obsessive Compulsive Disorder.....	281
<i>Dr. Rajendra Thakarar</i>	
64. Evidence Based Protocol for Treatment of Treatment Resistant Obsessive Compulsive Disorder.....	285
<i>Dr. Lakhan Kataria</i>	
65. Evidence Based Protocol for Management of Alcohol Dependence.....	289
<i>Dr. Lakhan Kataria</i>	
66. Evidence Based Protocol for Treatment of Generalized Anxiety Disorder	292
<i>Dr. Nisheet Patel</i>	

Emergency Medicine

67. Evidence Based Protocol for Triage in Emergency Medicine.....	297
<i>Dr. Anuja Agrawal</i>	
68. Evidence Based Protocol for Systematic Approach of Resuscitation.....	300
<i>Dr. Pooja Shah</i>	