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Syllabus Mapping

Healthcare Psychology and Communication Skills (Theory)

BP103T

Table F.1: Mapping of Book Chapters to Syllabus Units

Book Chapter	Syllabus Unit	Chapter Title	Major Topics Covered	Course Objective(s) Addressed
Chapter 1	Unit I	Introduction to Psychology in Healthcare	Definition and scope of psychology; branches relevant to healthcare; sensation, perception, attention, learning, memory, reinforcement, emotion, motivation; applications in pharmacy practice	CO 1
Chapter 2	Unit II	Developmental and Behavioural Psychology	Lifespan development; personality theories; illness perception and recovery; psychological disorders; stress, coping, resilience, and stress management	CO 2
Chapter 3	Unit III	Foundations of Health Communication	Elements and models of communication; types of communication; barriers; active listening; questioning techniques; empathy; cultural and inclusive communication	CO 3
Chapter 4	Unit IV	Professional Communication in Healthcare Settings	Patient, caregiver, and team communication; delivering difficult news; confidentiality and consent; documentation; digital and technology-enabled communication	CO 3, CO 4
Chapter 5	Unit V	Health Psychology and Behavioural Interventions	Health belief models; illness behaviour; psychosomatic illness; behaviour change theories; treatment adherence; psychological first aid; crisis communication; mental health promotion and stigma reduction	CO 5

Table F.1 establishes correspondence between the book's chapter structure and the prescribed syllabus units, allowing the content to be used directly for teaching, revision, and examination preparation without deviation from the official course outline.

Course Objectives

The course is designed to enable students to:

1. Explain the fundamental concepts of psychology and their relevance in healthcare settings.
 2. Describe stages of human development, personality traits, and behavioural responses associated with illness and recovery.
 3. Apply effective communication models and techniques in clinical and interdisciplinary healthcare settings.
 4. Demonstrate professional communication skills, including active listening, empathy, accurate clinical documentation, and ethical interaction.
 5. Analyze psychological and behavioural interventions that promote mental health, treatment adherence, resilience, and stigma reduction.
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Course Outcomes

On completion of this course, students will be able to:

- **CO1:** Define and explain core psychological concepts, including sensation, perception, attention, learning, memory, and motivation, and relate them to clinical observation and patient care.
 - **CO2:** Describe developmental stages, personality theories, and psychological factors that influence illness perception, recovery, and coping in healthcare contexts.
 - **CO3:** Interpret and apply models of communication, including active listening, questioning techniques, and culturally appropriate communication, in patient and interdisciplinary interactions.
 - **CO4:** Demonstrate professional communication competencies, including delivering difficult news, maintaining confidentiality, obtaining informed consent, and preparing accurate clinical documentation.
 - **CO5:** Analyze health belief and behaviour change models and evaluate their application in improving treatment adherence, managing crises, and reducing stigma associated with illness.
 - **CO6:** Assess the role of digital and telehealth communication tools in contemporary healthcare delivery and patient-centred care.
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