

# Contents

<i>Foreword</i> .....	vii
<i>Preface</i> .....	ix
<b>1. Fluids .....</b>	<b>1</b>
➤ Lymph.....	1
➤ Cerebrospinal Fluid (SN/MCQ/Clinical Importance/Viva).....	1
➤ ASCITIC Fluid (SN/Clinical Importance).....	5
➤ Pleural Fluid (SN/Clinical Importance).....	7
➤ Pericardial Fluid .....	8
➤ Synovial Fluid .....	8
<b>2. Metabolism of Special Tissues .....</b>	<b>11</b>
➤ Metabolism of Muscle at Rest and During Exercise (SN/LN).....	11
➤ Bone Metabolism (SN) .....	17
➤ Biochemistry of Connective Tissue (SN).....	19
➤ Biochemistry of Human Brain (SN) .....	22
➤ Adipose Tissue (SN) .....	24
<b>3. Biochemistry of Diseases .....</b>	<b>26</b>
➤ Diabetes Mellitus (LN/SN/Clinical Case/Viva).....	26
➤ Atherosclerosis (SN/LN) .....	44
➤ Fatty Liver (SN).....	46
➤ Obesity (SN/LN).....	48
<b>4. Organ Function Tests.....</b>	<b>60</b>
➤ Liver Function Tests (SN/LN) .....	60
➤ Kidney Function Test (SN/LN).....	66
➤ Gastric Function Tests (SN).....	74
➤ Thyroid Function Tests (SN) .....	77
➤ Adrenal Function Tests (SN) .....	86
➤ Pancreatic Function Test (SN) .....	92
<b>5. Physiological Conditions.....</b>	<b>99</b>
➤ Biochemistry of Aging (SN/LN) .....	99
➤ Biochemistry and Role of Diet in Pregnancy and Lactation (SN/LN).....	103
➤ Mens Health .....	116
➤ Women Health .....	124

<b>6. Laboratory .....</b>	<b>126</b>
➤ Total Quality Management in Clinical Laboratory (SN/LN) .....	126
➤ Medical Laboratory Accreditation .....	144
➤ Proficiency Testing in Clinical Laboratory .....	147
➤ Bio Hazards in Clinical Laboratory (SN).....	152
➤ POCT (SN/Viva) .....	164
➤ Pre-Analytical Errors in the Laboratory.....	170
➤ Strategies to Improve Turn Around Time.....	180
➤ Choosing Right Methodology: Electrolyte and Creatinine.....	185
➤ Laboratory Information System .....	189
➤ NABL Accreditation.....	200
<b>7. Miscellaneous .....</b>	<b>205</b>
➤ Phospholipids (SN).....	205
➤ Isoenzymes (SN/LA) .....	209
➤ Clinical Applications of Enzymes.....	213
➤ Nitric Oxide (SN).....	216
➤ Free Radicals (SN/LN) .....	220
<b>8. Nutrition .....</b>	<b>231</b>
➤ Calorimetry (SN).....	231
➤ Basal Metabolic Rate (BMR) (SN) .....	232
➤ Specific Dynamic Action (SDA) (SN) .....	234
➤ Balanced Diet (SN).....	236
➤ Protein Energy Malnutrition (PEM) SN.....	238
➤ Diet in Management of Coronary Artery Disease (SN) .....	242
➤ Role of Diet in Cancer (SN) .....	245
➤ Dietary Modification in Renal Disease (SN).....	249
➤ Diet in Diabetes (SN) .....	252
➤ Diet in Management of Hypertension (SN).....	254
➤ Diet in Management of Anaemia (SN).....	256
➤ Metabolic Response to Starvation (LA/ SN/ Viva) .....	257
➤ Food Additives (SN).....	260
➤ Natural Toxins of Food (SN).....	261
<b>9. Instruments .....</b>	<b>264</b>
➤ Colorimeter (SN/LN/Viva) .....	264
➤ Ultraviolet and Visible Spectrometry.....	267
➤ Turbidimetry and Nephelometry.....	270

---

➤ Fluorometry or Fluorescence Spectrophotometry .....	271
➤ Phosphorescence Spectrophotometry .....	273
➤ Flame Photometer (SN) .....	275
➤ Atomic Absorption Spectroscopy .....	279
➤ Ultra-centrifugation .....	280
➤ Electrophoresis (SN/LN/Viva).....	285
➤ Chromatography (SN/LA/Viva) .....	299
➤ Blood Gas Analyzer (SN/Viva).....	322
➤ Basics of Biophysical Chemistry.....	325
➤ Mass Spectrometry (SN/Viva) .....	333
➤ Nuclear Magnetic Resonance (SN).....	338
➤ Chemiluminescence (LA/ SN/ Viva).....	340
➤ Electron Microscopy (SN).....	346
➤ Ion Selective Electrodes (SN/ Viva).....	349
➤ Laboratory Robots (SN).....	351
<b>10. Genetics .....</b>	<b>353</b>
➤ Chemistry of Nucleic Acids .....	353
➤ DNA Replication (LA/ SN/ Viva).....	370
➤ DNA Transcription (LA/SN/Viva).....	382
➤ Translation (LA/SN/Viva).....	399
➤ Prokaryotic Protein Synthesis .....	407
➤ Eukaryotic Protein Synthesis .....	409
➤ Regulation of Gene Expression (LA/Viva) .....	416
➤ Repair of DNA Damages and Diseases (LA/SN/Viva).....	425
➤ Polymerase Chain Reaction [PCR] (SN/LA/Viva) .....	435
➤ DNA Fingerprinting (SN) .....	439
➤ DNA Libraries (SN) .....	441
➤ Recombinant DNA Technology (SN) .....	447
➤ Blotting Techniques (SN).....	451
➤ Gene Therapy (SN) .....	456
➤ Stem Cell Therapy (SN).....	468
➤ Mitochondrial DNA and Diseases (SN).....	475
➤ Human Genome Project (HGP) (SN).....	476
➤ Genome Mapping (SN).....	478
➤ Clinical Bioinformatics (SN) .....	481
➤ Nanotechnology (SN).....	484

---

➤ Molecular Basis of Cancer (LA/SN).....	486
➤ Proteomics (SN).....	495
<b>11. Recent Trends .....</b>	<b>498</b>
➤ Establishing Biomarker Panels in Lab: Forging Towards Tailor-Made Therapies .....	498
➤ Biochemical Insights to Metabolic Dysfunction .....	502
<b>12. Analytes .....</b>	<b>513</b>
➤ Blood Gas Analysis .....	513
➤ Procalcitonin.....	518
➤ Conversion Factor .....	519
<b>13. Practicals .....</b>	<b>521</b>
➤ Estimation of Total Protein, Albumin, A/G Ratio .....	521
➤ Estimation of Blood Glucose .....	525
➤ Estimation of Serum Amylase by Amyloclastic Method.....	529
➤ Plasma and Urine Creatinine Estimation and Creatinine Clearance Test .....	530
➤ Colour Reactions of Proteins .....	535
➤ Tests on Disaccharides .....	538
➤ Test of Polysaccharides .....	540
➤ Estimation of Blood Glucose by Glucose Oxidase Peroxidase Method.....	543
➤ Osazone.....	545
➤ Estimation of SGOT-Serum Glutamate Oxaloacetate Transaminase (Serum Aspartate Transaminases).....	548
➤ Estimation of Serum Bilirubin .....	550
➤ Hyperbilirubinemia and Jaundice .....	555
➤ Estimation of Serum Cholesterol by Enzymatic Method.....	557
➤ Estimation of Serum Alkaline Phosphatase Activity .....	558
➤ Method of Bodansky .....	562
➤ Estimation of SGPT-Serum Glutamate Pyruvate Transaminase (Serum Alanine Transaminases) Reitman And Frankal Method.....	574
➤ Estimation of Serum Inorganic Phosphorus by Fiske Subbarow Method .....	576
➤ Effect of Substrate Concentration on Alkaline Phosphatase Activity .....	578
➤ Estimation of 17 – Ketosteroids.....	581
➤ Glycosylated Haemoglobin.....	582
➤ Haemoglobin Electrophoresis.....	582
➤ Paper Chromatography .....	583
➤ Protein Electrophoresis .....	584
➤ Thin Layer Chromatography.....	586

---

➤ Plasma Proteins.....	586
➤ Ethical Guidelines for Biomedical Research on Human Participants (SN).....	603
<b>14. Thesis Writing .....</b>	<b>603</b>
<b>15. Model Question Papers .....</b>	<b>612</b>
➤ <i>Paper 1</i> .....	612
➤ <i>Paper 2</i> .....	619
➤ <i>Paper 3</i> .....	627
➤ <i>Paper 4</i> .....	635