

Contents

Preface	vii
Acknowledgement	ix

SECTION 1: Nutrition in Health and Disease

1. Nutrition and Brain Development.....	3
2. Fetal Malnutrition and Brain Development.....	7
3. Early Childhood Nutrition and Brain Development.....	10
4. Newborn Feeding.....	14
5. Feeding the Low Birth Weight Infants.....	18
6. Nutrition of Adolescents	20
7. Nutritional Assessment.....	22
8. Vitamin Dependency.....	29
9. Vitamin-A Deficiency and Toxicity.....	31
10. Vitamin-E (Tocopherol).....	34
11. Vitamin-K.....	35
12. Thiamine	36
13. Nicotinic Acid	38
14. Riboflavin.....	40
15. Pyridoxine	41
16. Vitamin-C.....	43
17. Vitamin-D.....	45
18. Complete Parenteral Nutrition.....	50
19. Elemental Diet	53
20. Nutrition in Disease States.....	55
21. Protein Energy Malnutrition	62
22. Food Allergy.....	85
23. Detection of Food-Born Pathogens.....	88
24. Micronutrients Excess.....	91
25. Nutrigenomics	93

SECTION 2: Metabolic Disorders

1. Anabolic Steroids Misuse.....	97
2. Osteoporosis and Osteomalacia.....	99

3. Hypercalcemia.....	101
4. Hypo-Magnesemia	102
5. Hypocalcemia and Hypercalcemia.....	103
6. Zinc in Health and Disease	104
7. Dehydration.....	105
8. Hypo-Glycemia	108
9. Hypolipoproteinaemia and Hyperlipoproteinaemia	110
10. Hyperlactatemia and Lactic Acidosis.....	113
11. Metabolic Acidosis.....	115
12. Aminoacidopathies.....	118
13. Malabsorption Syndrome	126
14. Diabetes Mellitus	133
15. Obesity	142
16. Reactive Metabolites	147
17. Oxidative Injury.....	152
18. Endothelial Dysfunction.....	154
19. Quercetin.....	156

SECTION 3: Diseases of Inborn Metabolic Errors

1. Methylmalonic Acidemia.....	161
2. Galactosemia	163
3. Porphyria	164
4. Gaucher Disease.....	166
5. Menkes Kinky Hair Syndrome	167
6. Wilson Disease	168
7. Abnormalities of Collagen Metabolism.....	170
8. Abnormalities of Drug Metabolism	172
9. Vitamin Dependency Diseases.....	173
10. VITAMIN E	176

SECTION 4: Skin Disorders

1. Classification of Skin Diseases.....	181
2. Sporotrichosis.....	183
3. Aqua Therapy.....	184

4. Nail Changes in Systemic Diseases	185
5. Macular Amyloidosis	187
6. Lichen Planus	188
7. Acne.....	189
8. Erythroderma	190
9. Erythema Elevatum Dilutinum.....	191
10. Lyme Disease.....	192
11. Acrodermatitis Enteropathica	194
12. Scleredema.....	195
13. Erythema Ab Igne.....	196
14. Cutaneous Tuberculosis	197
15. Tinea Corporis	198
16. Wells Syndrome	199
17. Erythema Nodosum	200
18. Skin Disorders in the Elderly.....	202
19. Xeroderma Pigmentosa	203
20. Tuberous Sclerosis.....	204