

Contents

<i>Preface</i>	v
1. Psychology: Historical Perspectives, Branches and Scope	1
2. Research Methods in Psychology	19
3. Biological Basis of Human Psychology	39
4. Attention	79
5. Sensations and Perception	89
6. Motivation.....	119
7. Emotions	141
8. Memory and Forgetting	153
9. Development of Cognition	175
10. Learning.....	194
11. Consciousness.....	213
12. Thinking.....	232
13. Personality	247
14. Intelligence	265
15. Stress and Wellbeing.....	278
16. Growth and Development in Life Span	288
<i>Index</i>	299